

Plan Your Lifespan

People are living longer. Are you prepared to turn 80, 90, or 100?


planyourlifespan.org








Created at Northwestern University by geriatricians, seniors, nurses, social workers, aging services and communication experts, Plan Your Lifespan is a free website to help you plan for health events that happen with age.

 Learn valuable information.

 Connect to local resources.

 Share your plans with family & friends.

This website will provide information about :

-  Hospitalizations
-  Falls
-  Memory loss & Alzheimer's
-  Talking to Others
-  Finances